



ABINGTON SURGICAL CENTER

We're in this together.

PRE-REGISTRATION INSTRUCTIONS:

All patients are required to pre-register for their procedure. **We ask that you complete this as soon as possible and at the very least a week before your procedure date.**

Pre-registration can be completed online by following these steps:

1. Go to our website: www.abingtonsurgery.org
2. Click on the **Red "Simple Admit"** link on the left hand side of the page.
3. For a new patient registration, enter the following password: **ASC267NEW**

IMPORTANT NOTES:

Please note the information required to complete the registration to include:

- **Prescription medications** – names and dosage of each one you take
- **Over-the-counter medications** – names and dosage of each one you take regularly
- **Vitamin and herbal medications** - names and dosage of any that you take
- **Allergies/Sensitivities** - and the allergic reaction(s) they cause
- **Previous surgeries** - and the year they were performed
- **Medical Insurance** – insurance company, policy number, ID number, etc.
- **Physician names and phone numbers**

This health history only needs to be completed once and can be updated by our staff as necessary for future procedures.

If your health history requires updating (to include medication updates), please login, make the changes and resubmit. Please call us at 267-960-1413 if you require your login information.

If you do not have internet access, we ask that you 1st attempt to have a family member or friend help you. If unable to find other assistance, please call **267-960-1413** to be added to our help list, and we will get back to you as soon as we can.

If you have computer or technical difficulties, please call Simple Admit Customer Service at 877-848-4726

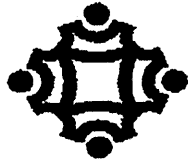
HISTORY AND PHYSICALS:

State Law requires that we you have a History and Physical completed within 30 days of your procedure and on file with the Abington Surgery Center a week prior to your procedure. Please confirm with your surgeon the best way to complete this.

Thank you for being a patient of Abington Surgical Center.

We look forward to caring for you.

**2701 Blair Mill Rd.
Willow Grove, PA 19090
Suite 35**



ABINGTON SURGICAL CENTER

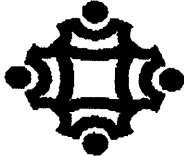
We're in this together.

Abington Surgical Center
2701 Blair Mill Road, Suite 35
Willow Grove, PA 19090

What to Expect on the Day of Surgery

- Please do not eat solids after midnight before surgery. You are permitted clear liquids (water, apple juice, tea, black coffee) up to **two hours** before the arrival at the Center. Please **no milk, cream or orange juice**.
- All adult Surgical Patients, **AT THE REQUEST OF THE ANESTHESIA DEPARTMENT**, please take **Tylenol 1000mg** (as long as you are not allergic) with a mouthful of water before you leave the house to come to the surgical center. **If you have kidney disease only take 500mg**. Patients having Pain Management procedures or GI procedures do not need to take Tylenol.
- On the morning of your surgery please **hold all medications**, except above Tylenol, and **BRING YOUR MORNING MEDICATIONS WITH YOU TO THE SURGICAL CENTER**. Anesthesia will determine which medications you can take.
- Bring your photo ID, insurance card, and any MRI reports to Registration. Please be prepared to pay your applicable co-pay and deductibles. Do **not** bring any other valuables.
- Do not smoke.
- You may brush your teeth on the day of your procedure, however you may **not** chew gum or have mints.
- Wear loose clothing and low-heeled shoes.
- Patients having breast, face, neck or shoulder surgery please wear an oversized shirt, preferably that opens in the front, in order to make dressing after your procedure easier.
- Patients having abdominal or leg surgery please wear loose fitting pants preferably with an elastic waist. Jeans are usually not a good choice since they do not fit over bulky dressings.
- Please remove all body piercings.
- Do not wear contact lenses. Wear your eyeglasses and bring your eyeglass case with you.
- You **MUST** have a driver over the age of 18 to bring you and **THEY MUST STAY HERE AT THE ABINGTONSURGERY CENTER DURING YOUR PROCEDURE**, and then take you home afterwards. Someone should stay with you for at least 24 hours after your procedure.
- You will not be permitted to take a cab/Uber or Lyft home unless you have an adult here at the surgical center to accompany you home.
- Relax and leave the rest to us!

Call Abington Surgical Center immediately if you are unable to keep your appointment or will be late: 215-443-8505.



ABINGTON SURGICAL CENTER

We're in this together.

Abington Surgical Center
2701 Blair Mill Road, Suite 35
Willow Grove, PA 19090

Additional Pediatric Instructions

- Please bring the photo ID of the parent or legal guardian and your child's insurance card
- The child **MUST** be accompanied by parent or legal guardian (paperwork **must** be provided).
- It is required that a parent or legal guardian remain at the surgical center the entire time the child is in our building.
- Please bring a blanket, stuffed animal, favorite toy or other item of comfort for your child to take through the operating room and into the recovery room with them. Bringing a tablet/iPad or other handheld gaming device is also suggested to be used in the preoperative area as it is found to be a good relaxation tool.
- For infants or toddlers, please bring a bottle or sippy cup for the recovery room and extra diapers.

Fasting Instructions

Your child may have a light meal (which consists of toast or formula) until **6 hours** before arrival time at the surgical center.

Your child may have breast milk until **4 hours** before arrival time at surgical center.

Your child may have clear liquids (which consists of water, apple juice, jello) until **2 hours** before arrival time at surgical center.

- **If you have not already done so, please complete your child's pre-registration (health history). We have attached a document with the instructions on how to complete this form. This pre-registration must be completed in order to proceed with your child's procedure.**

To ease any anxiety, we also want you to be aware of the plan for your child's day of surgery. You should expect to be called from the waiting room into the pre-operative area to have your child's vital signs assessed, change into a hospital gown and have interviews with both an anesthesiologist and your child's surgeon. Then your child will be assisted back to the operating room by the surgical team. After the procedure, your child will be taken to the recovery room to awaken from anesthesia. They will continue to be monitored and once they awake, we will bring parents back to be with them and review discharge instructions. At this point they will also be permitted to have something to drink, so please have a bottle or sippy cup ready if your child uses one. Once your child's nurse and anesthesiologist determine your child is medically stable, which may not be a lengthy time (unless required by the specific surgery), your child will be discharged to home. Our goal is to get your child safely back home where they can be more comfortable to rest and recover. Any questions, please do not hesitate to call us.

Thank you for your cooperation and have a wonderful day!

**Abington Surgical Center
2701 Blair Mill Road
Willow Grove, PA 19090
Suite 35 (Left side of building with red awnings)
Main Phone #: 215-443-8505**