

200 Bowman Dr • Suite F-360 • Voorhees, NJ 08043 NJ 856-751-7880 • PA 888-876-7880 • Fax 856-751-9133

Voiding Diary

The Voiding Diary is used to give the provider an idea of how frequent your child is going to the bathroom and how much they are voiding (urinating) at one time. It is also important to note when your child is wet (if at all) so that we can also look at how often it is occurring. You can start the diary Friday after school (if school age), all day Saturday and all day Sunday. Ideally, it should be 3 consecutive days, but you may complete over 3 alternate days.

In addition, it is important to note the date, time and consistency of any bowel movement in the stool section (*Please refer to the Bristol stool chart for explanation of consistency*).

Wet and **Dry** columns are only for children that are having episodes of urinary incontinence.

During the time of this diary, it is important to all your child to use the bathroom as usual with no encouragement, as this will allow us to evaluate normal voiding and stooling patterns and contribute to our plan for treatment.

Bristol Stool Chart						
Туре I	Separate hard lumps, like nuts (hard to pass)					
Гуре 2	Sausage-shaped but lumpy					
Гуре 3	Like a sausage but with cracks on its surface					
Туре 4	Like a sausage or snake, smooth and soft					
Туре 5	Soft blobs with clear-cut edges (passed easily)					
Туре 6	Fluffy pieces with ragged edges, a mushy stool					
Туре 7	Watery, no solid pieces. Entirely Liquid					

treatment.	Note with a check mark (🗸)		
Child name:	Marca con cheque (✔)		

DAY (Fecha)	TIME (Hora)	AMOUNT VOIDED (Cantidad de Orina)	WET (Mojado)	DRY (Seco)	STOOL TYPE (Tipo de defecación)
		(CC or Oz)	_		



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		(CC or Oz)			
					November 2019